

Rex Howling KC*

Year of Silk: **2011** | Year of Call: **1991**



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CHAMBERS

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Rex enjoys a broad family practice. He has most recently gained a strong following and reputation as a care practitioner but this has not detracted from his core skills as both an ancillary relief and private law children specialist. He particularly enjoys cases with either an international element, such as relocation cases, or legally or factually complicated ones which require an eye for detail and careful analysis.

Rex also practices in civil work, particularly those areas which can loosely be considered to have a family or financial element to them, such as trusts, wills and probate.

Rex prides himself on being hardworking and thorough with a keen awareness for the need for careful strategic and tactical planning. His catch phrase is "careful planning prevents a poor performance". He is well liked by solicitors and respected for his strong people skills. He believes that a robust sense of humour and re-assuring manner are vital tools in any family case.

In the recent case of *Young v Young*, Rex received praise from J Moor: "92. I also wish to pay tribute to Mr Howling QC and Miss Johal who have appeared on behalf of the Wife, ably supported by their instructing solicitors. This case has been as complex as any this Division has ever encountered. They took on the case at the last minute yet have managed to become completely conversant with the huge volume of paperwork. The case was presented to me with great ability. Nothing more could have been said or done on their client's behalf."

[**VIEW PRIVACY POLICY**](#)

Rex is a qualified *Arbitrator (Finance)* through the Institute of *Family Law Arbitrators (IFLA)* scheme.

Education

Charterhouse School (1974-1979)
University of Sussex (Biochemistry) (1979-1982)
Britannia Royal Naval College, Dartmouth (1982)
Polytechnic of Central London: Diploma in Law (1989)

Professional Memberships

FLBA Committee Member
Family Law Bar Association
Bar Yacht Club
Middle Temple
Association of Lawyers for Children
Resolution
Arbitrator (Finance) - Institute of Family Law Arbitrators (IFLA) scheme

Notable Cases

A (A Child) [2015] EWCA Civ 162-1

X-N (A Child) [2014] EWCA Civ 1775

Mann v Mann [2014] EWCA Civ 1674

Re X-N (A Child) (2014) AC9401624

Harrow London Borough Council v (1) Zainab Rasul (2) Mohammed Afzal (3) Farah Afzal (Through Her Childrens Guardian) (4) Nazma Rasul (5) Ali Rasul [2014] EWHC 3837 (Fam)

In the matter of P (A Child) [2013] EWHC 4048 (Fam)

Michelle Danique Young v Scot Gordon Young [2013] EWHC 3637 (Fam)

LA v (1) MF (2) CY (3) RN (4) N [2013] EWHC 1433 (Fam)

Re C (Children) (2012) AC9700974

B v B [2012] EWHC 1924 (fam)

Re R (Children) [2011] EWCA Civ 1795

Sylvia Henry v News Group Newspapers Ltd [2011] EWHC 296 (QB)

W (A Child) [2010] EWCA Civ 1535

LBH (LOCAL AUTHORITY) v (1) KJ (MOTHER) (2) IH (A CHILD BY HIS GUARDIAN CJ) (2007) AC0116013

Re K (A Child) [2007] EWHC 544 (Fam) ; (2007) 1 WLR 2531 : (2007) 2 FLR 326 : Times, April 20, 2007; AC9901177

Re W (A Child) [2005] EWCA Civ 649

A v. A (Shared Residence) [2004] 1 FLR 1195

Re A (Contact:Seperate Representation) [2001] 1 FLR 715